



Trabajando Juntos
AgVAN
Transportación Para El Campesino

AGVAN NEWSLETTER

Reminder: Fiestas Patrias will be held on September 13th at McClelland Street near City Hall in Santa Maria 10-6 Ocean area/O Street-Ryon Park in Lompoc 11-6

240 East Roemer Way— Santa Maria, CA 93454 805-922-8476

Septiembre 2009

What is a pesticide?
Pesticides are unique among toxic substances. Most environmental toxins are an unwanted by-product of another process (for example, outflow from a manufacturing plant or emissions from an automobile engine). Pesticides are chemicals designed to be harmful to a target pest and purposely introduced into the environment to do their job of managing insects, bacteria, weeds, rodents, or other pests. While pesticides can be useful, they can also harm people, animals or the environment if misused or used indiscriminately. That is why the most desirable pest control is to prevent pests in the first place. If that doesn't work and you choose to use pesticides, use the least-toxic product available and make sure to follow the label directions carefully. For more information contact the California Department of Pesticide Regulations at **916-445-4300 or www.cdpr.ca.gov**

Here are seven things you can do to keep yourself and others safe on the Highway.
Slow down.
Pass with care and only in passing zones.
Never drink & drive: always designate a driver.
If your tired, take a break.
Be patient, and take your time.
Always buckle up
Turn your lights on.

This is brought to you from your local C.H.P.

What is a pesticide?
Pesticides are unique among toxic substances. Most environmental toxins are an unwanted by-product of another process (for example, outflow from a manufacturing plant or emissions from an automobile engine). Pesticides are chemicals designed to be harmful to a target pest and purposely introduced into the environment to do their job of managing insects, bacteria, weeds, rodents, or other pests. While pesticides can be useful, they can also harm people, animals or the environment if misused or used indiscriminately. That is why the most desirable pest control is to prevent pests in the first place. If that doesn't work and you choose to use pesticides, use the least-toxic product available and make sure to follow the label directions carefully. For more information contact the California Department of Pesticide Regulations at **916-445-4300 or www.cdpr.ca.gov**

Having a family member with a serious mental illness places an enormous burden on the entire family. Your Family Advocate will:

- Assist in orientation of new families entering the private and public mental health system.
- Facilitate a caring environment that empowers family members to better understand and cope with the realities of mental illness.
- Offer confidential assistance and support with dignity and respect.
- Provide community outreach and referrals for all who love and care for family members with mental health needs.
- Supply educational material and information about support groups, workshops, conferences, Family to Family education & NAMI (National Alliance on Mental Illness)

In case you did not know. It is now illegal to talk, text and use your cell-phone while driving. Please keep in mind that the Administration office receives calls from concerned citizens when they see you driving while using your cell-phone. Please review your driving manual regarding this subject or contact the Administration office if you have any questions.




CHP Involved in a Fender Bender?

According with the CHP, It's okay to get your vehicle out of traffic if:


1. Car is moveable
2. Collision was minor
3. No one was injured

But wait for an officer before moving your vehicle if:

1. There are injuries or fatalities

You can prevent collisions:

1. Follow at a safe distance
2. Drive at a safe speed
3. Change lanes properly



Prescription Drug Discount Card Program

This program, brought to you by Caremark, allows you to easily save money on prescription medicines. **This is not insurance.** Rather, it is a way for you to get discounts on prescription medicines at most retail pharmacies.

- Save on average of 20% off prescription medicines. (Save the most on generic medicines.)
- Use your card at most retail pharmacies nationwide.
- Get discounted pricing on commonly used prescription medicines at participating retail pharmacies.

Call **Santa Barbara County United Way** at **805-965-8591**

Auto v/s train collisions.

Collisions on train tracks include, trains, autos and pedestrians and its a huge problem. In 1991, only 600 people have died and more than 2,000 resulted injured in collisions on train tracks within the entire nation.

The train can't stop!

The trains can't reduce their speed rapidly to avoid a collision if you are in the train tracks. The train takes half a mile to make a stop, If a train travels 30 MPH more than a mile and a half, and if it ravel 60 MPH. Its probable that you will not survive if you collide with it.


California Department of Transportation

Community Health Centers Mobil Unit

On **Mondays** they are located on Union Plaza 120 N. Broadway. On **Tuesdays** they are located at Laze Daze 1318 N. Broadway also that day at Public Housing 200 W. Williams. On **Wednesdays** at Newlove Community 215 W. Newlove. On **Thursdays** at Public Housing 200 W. Williams

Contact the **Community Health Centers**

for hours, additional questions and locations at **CHC** Community Health Centers (English) **805-440-1137** or (Spanish) **805-451-3898**



Children's Health Initiative Santa Barbara

You are low income and don't know who to ask about no cost or low cost health insurance for you or your family... Call **Alma Ramirez** at **805-739-0992**. She can guide you to the best insurance available for your income.